



The 78 Scoop

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Summer is (almost!) here Stay cool ~ read on

Summer vacation is finally approaching! As school begins to wind down, we wanted to share with you all of the exciting events that have happened this Spring at P.S./I.S. 78Q! Between different fundraisers, field trips, activities, and saying farewell to our Middle School Seniors, we have so much to report and share! As your school newspaper club representatives, we were able to interview and speak with a variety of different students to learn more about current events school-wide. Enjoy!

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Places to Visit this Summer

By: Xanthe Viado and Sophia Ladines

Summer vacation is quickly approaching! Read on to see what we recommend doing with your free time:

If your family is looking for an awesome and kid-friendly trip, tell them to check out the Sunshine State—**FLORIDA!** Although Florida can sometimes be very humid and hot in the summer, Florida is a great place to go on a vacation. There are lots of fun places to go, such as **Disney World**. We highly suggest Disney world because it is very kid friendly. One of our favorite places to go to is the magic kingdom! There is an endless amount of rides and rollercoasters. One good roller coaster is the Hollywood tower hotel! It's very cool, but can be scary. Another place to go to is **Universal Studios!** A lot of people say that they love to go to the Wizarding World Of Harry Potter. It is very fascinating and majestic. These two places are kid friendly and fun—you can have the best time even if your trip is just a long weekend.

Hawaii is a very hot place too. It is a very beautiful place to go to. People mistake it for not being in the U.S, but it really is! One good place to go to in Hawaii is Honolulu. It is very beautiful!

The beaches there are so amazing—they really look like postcards...beautiful weather, crystal blue oceans, colorful flowers and warm breezy air on your skin... You might be thinking, what can I do there? One thing that is super fun is snorkeling. There are many places in Honolulu that provide snorkeling. You can see different types of animals like sea turtles and stingrays. You can also sign up for a dolphin tour. This is a very fun thing to do because you can swim with the dolphins, and they are very gentle. It is something worth doing.

If you can't travel, don't worry! You can have just as much fun in your own city.

There are many places to go in **New York City**. **Splish Splash** is a fun place to go on a hot day. You can enjoy a ton of water activities! **Camelback Water Park** is similar and not too far away either. A short road trip away is where you can find a relaxing summer town, called Montauk. It is a beach town that has tons of restaurants and great access to the ocean.

There are also a ton of fun activities you can do by taking the 7 train just **ONE STOP!**...

The New York Hall of Science

In the New York Hall of Science, there are many activities for children. When you first enter, there is a little area all about space. You get to see what Space is like first hand and play with a remote control robot and learn about different planets. On the second floor, there is a **BIG** play area! One of them is rock climbing, pretending to buy groceries, surfing, and much more! There is a movie theater so you can watch movies about natural disasters or space. In the 6th grade, we watched a movie about disasters all over the world, such as fires and tornadoes.

As you explore the New York Hall of Science, there is a mirror room. When going down the room, your figure will change in the reflection. You will look small, big, or you'll look crazy.

NY Public Library

The library is a fun place, also air-conditioned, to meet up with friends and dive into a good book. You can even start a book club with friends!

New York City has lots of attractions for kids! So instead of playing videogames and watching TV, start discovering what else is out there in the big apple!

Summer Reading Books

By: Xanthe Viado

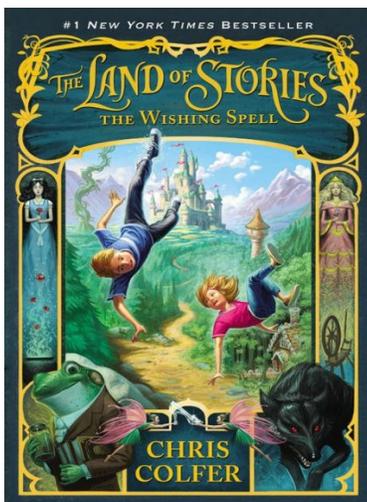
Dive into books this summer!

Having an outdoor adventure is fun, but when you read a book, you can create your own adventure. Reading is good for your brain because it helps with your concentration and focus, knowledge, stress, and more! It is good to read in the summer so you can prepare for the next grade. Let's dive into the top three books of the summer!

#1: Land of Stories Book 1

By: Chris Colfer

This book comes with adventure and mystery. Twins named Conner and Alex Bailey jump into stories that they have read while growing up. One day, the twins' grandmother gave them a fairy tale book, and the

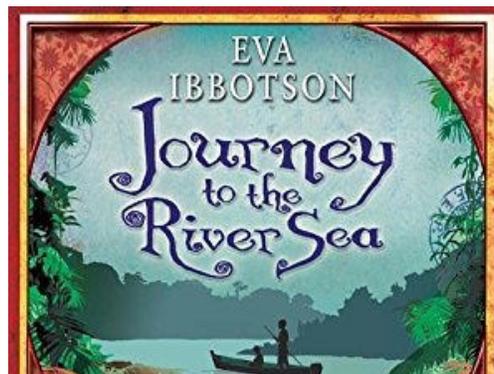


twins' did not know what was coming. Connor and Alex find themselves in hot water. An Evil Queen bothers Connor and Alex, creating problems along the way, such as Cinderella becoming a mother and much more! Connor and Alex try to find their way out of the fairy tale, will they ever find the way to success?

#2: Journey to the River Sea

By: Eva Ibbotson

This book awaits you with adventure. A girl named Maia is an orphan. When Maia hears that she will be staying with her relatives in South America, Maia gets really happy and joyful. Maia is very excited to go to the Amazon. She can't wait to see the sights, smells, and sounds of the Amazon rainforest. But, when she arrives, she is not allowed to go to the Amazon. Her relatives blocked the rainforest from

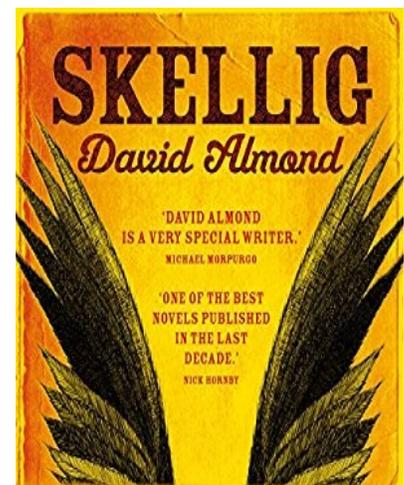


their home. What will she do about this problem?

#3: Skellig

By: David Almond

This book is full of magic. A boy named Michael moves to a new house, because of his baby sister's illness. Michael felt very lonely and sad, since he did not socialize with friends. One day, he meets a girl named Mina, and they instantly became friends. They decide to look through Michael's garage, and they find a strange and magical animal. It was part angel and part owl, and it needs Michael's help in order for the owl to survive. Will Michael help this magical creature? What will he do?



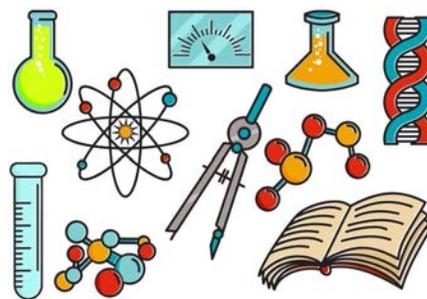
Science Fair

By: David Uherik

Participating in the science fair is so much fun! What's great about the science fair is that it is something all grades can participate in. This year we had the science fair on May 15, 2018. All of our parents got to see all of our hard work. Tons of experiments were completed and we all got to learn from one another. There were two winners from the sixth grade this year. The first project that won this year was called "a breath of fresh air". This project was about knowing how clean the air

that you breathe in. The second project that won was about a soda machine. It was really cool. The P.S./I.S.78Q Science fair is a great chance for aspiring scientists to show off their scientific genius! With the inclusion of engineering projects this year, students can enjoy discovering the mysteries of the scientific world. The science fair also gives us a chance to learn something new about the universe. Although I did not personally win the sci-

ence fair, I feel a lot more knowledgeable in regards to different theories and experiments. I enjoyed seeing the hard work and learning tons of new things. I am really looking forward to the science fair next year and feel really inspired to conduct a complex scientific topic.



By: Filippo Nasello

The mayor of New York has once again given our school the honor of becoming junior ambassadors! Our SDG, or Sustainable Development Goal this year is to work to make sure all schools have Quality Education. The class is split up into different groups to work on certain aspects of the project to come together at a final presentation. Groups mainly consist of Engineering, Art, Protest, Event Planning, etc. The Engineering Group is working to make small model of a safe

and solar powered school with dorms for students in mainly 3rd world countries. The Art group is working on a beautiful drawing that is coming out very nicely. The protest group is making signs and posters to protest the issue to the government. Finally, the Event Planning Group is planning a small side event during the spring fair. In other news on this issue, an ambassador from Norway recently visited our school to talk to us about this issue. It was very nice and instructive, and we learned a lot about Nor-

way, and how we can strive to work to their Quality of Education. The NYC Junior Ambassadors is a great program that shows how students can make a difference and how their ideas could change the world. It is also a great thing for your high school applications, and is also something that could (maybe) even help you get into a good college.

How to Prepare for 7th Grade

By: Kevin Gadsden

As summer is quickly approaching, I can't help but think about my upcoming school year as a 7th grader. Before writing this piece for the school Newspaper, I thought to myself....my first year in middle school was a great success but I do not know what to expect for the 7th grade! I was so curious so I decided to interview some students that are currently finishing up their year in 7th grade. 7th grade is a big year but don't be intimidated! We all know that 7th grade is the most important year when it comes to applying to High Schools. It is important to study hard, be on time, attend school each day, and be kind and respectful to peers and adults. If you work hard and strive to be the best per-

son you can be, you will have no problem succeeding in 7th grade.

Here are some tips that I learned from the current 7th graders:

If you are confused, ask questions!

If you have to miss school, save your absences for days you are feeling under the weather or have a sudden emergency.

If you missed an assignment, teachers are always there to help you. Just ask and you will find out what you need to make up!

Get good grades: don't wait until you get your first report

card to realize you should've studied for that math test or should've completed that science homework. Start trying hard from the very first day of school.

Participate in class! Many people might not know this, but participation is a big part of your grade. A part of your classwork grade (about 20% of your grade) has to do with participation, so make sure to participate in class and let your voice be heard.

Finally, respect your teachers and classmates and follow the rules. Behave appropriately and always demonstrate kindness in your classroom.



Follow the Golden Rule

By: Sofia Ladines

P.S./I.S. 78Q always encourages students to follow the Golden Rule. The Golden rule is “treat others how you want to be treated”. Here at P.S./I.S. 78Q we follow acts of kindness and do things to help other. Each month we participate in a spirit day to celebrate the culture of our school and community.

Many schools deal with an issue known as bullying. You might know what bullying means, but just to clarify, bullying is the act of trying to intimidate someone in a mean/teasing way that happens more than just once, is repetitive, and is done purposely. Bullying can be physical or verbal.

Here is how to identify peer conflict versus bullying. Conflict is a struggle between two or more people who perceive they have incompatible goals or desires. Conflict occurs naturally as

we interact with one another. It is a normal part of life that we will not always agree with other people about the things we want, what we think, or what we want to do.

Bullying behavior is very different from conflict. It is behavior that is intended to cause some kind of harm. There is always an imbalance of power (physical or social) or strength between the person doing the bullying and the target of the behavior. It is also on purpose and done over and over again.

When you feel bothered, the best thing to do is go to the teacher or guidance counselor. They will help you with what is going on and make sure that you are safe and happy!

Here is our advice:

when you notice someone being mean, report it—don't do

it back! Two wrongs don't make a right! You should never be shy or scared to tell a teacher or adult. They will always help you.

Be confident. You should always believe in yourself, and stick up for yourself. Be your own biggest cheer leader.

Be a good friend. Be supportive and offer help those in need. When you see someone upset, talk to him/her. If you see someone sitting alone, ask him/her to join you. And most importantly, always be respectful to others.

“Goodness is about character—integrity, honesty, kindness, generosity, moral courage, and compassion. More than anything else, it is about how we treat other people.”

No act of kindness,
no matter how small
ever goes unnoticed.

**TREAT
OTHERS**
the way
you
want to be
TREATED.

Field trip to Princeton University

By: Filippo Nasello

The 7th grade took a field trip to Princeton university in Princeton, New Jersey. Princeton University was founded in 1746 and is the fourth-oldest institution of higher education in the United States. During the field trip, we went on a walking tour. We got to site see and learn about the history of the campus. The tour guide told us about how one of the buildings was attacked during the world war but it managed to stay standing. We learned that the British used one of the buildings on campus as a hide away safe zone. It was really cool that this college campus played such a role in history.

After the tour, we got

to eat lunch in the same cafeteria as some of the college students. We noticed many of them were able to multi-task and eat lunch while studying. College students must be assigned a lot of work! It was interesting to see and experience the day in the life of a Princeton college student first-hand. The curriculum at Princeton emphasizes learning, creativity, innovation and collaboration with a program of liberal arts in the humanities, arts, social sciences, natural sciences and engineering. When it comes to finding jobs, internships and fellowships post college, students are encouraged to get familiar with services offered by the Office of Career Ser-

vices, the International Internship Program, Fellowship Advising and other programs on campus. There is also a college advising team that helps to support students by giving advice and guidance.

Princeton University has more than 300 student organizations, 38 sports clubs, 15 chaplaincies, and several campus centers. After visiting Princeton, I have learned that the opportunities for students to explore their interests are endless! I can't wait to keep this college in mind when its time for me to apply.



PRINCETON UNIVERSITY



Stress Reducing Activities

By: Kevin Gadsden

As elementary and middle school students, we spend most of our time in school and in after-school or week-end activities. It is important that in our busy lives, we make time for fun and stress reducing activities! Activities that reduce stress are positive coping strategies that will help you feel peaceful and calm.



1. Keep a positive attitude
2. Meditate or do yoga
3. Squeeze a stress ball
4. Eat well
5. Get a hobby, do that hobby
6. Get a good night sleep
7. Guided imagery
8. Take deep breaths
9. Focus your mind on something else (take a brain vacation)
10. Get a lot of exercise
11. Listen to music
12. Organize your closet
13. Think happy thoughts
14. Count
15. Take a walk

It is important to engage in relaxation techniques. This is because the ability to relax is important in effectively managing stress and anxiety. When we feel stressed, our bodies react with what is called the "fight or flight" response. Our muscles become tense, our heart and respiration rates increase, and other physiological systems become taxed. Pick an activity and try it out now!



Walk-A-Thon and Field Day Fun

By: Kevin Gadsden

Field day is a really fun day at school that only happens once a year! On this day, we are separated in teams. The teams are randomized into different colors—red, blue, green, yellow and orange. You get your team assignment about a month before field day so that you can prepare your outfit (which should be full of spirit!)

The goal of field day is to compete, try your best, be a team player and HAVE FUN. Field day gives you the chance to engage in all different kinds of activities—you don't have to be an athlete to be good at these games. Each activity is at a different station. Some stations consist of

bucket brigade, tug of war, sack racing, pass the baton, and running. They are fun and creative! This year, the weather was a perfect 75 and sunny kind of day. After field day, the entire school participated in the P.S./I.S. 78Q walk-a-thon, hosted by the PTA.

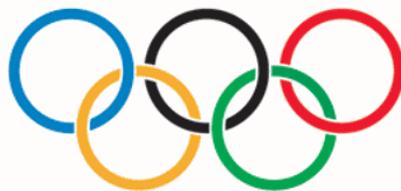
Everyone donated money to help make our school a better place. The class with the largest donations was class 202. They won a pizza party! Go class 202!

A pizza party (or any kind of prize) is always fun, and winning is always a good feeling... But it is important to remember that we do not

participate in events or make donations just to win, we do it to make our community even better. We are lucky that our school has so many fun events to offer! We are already looking forward to field day 2019.

TEAM

**“Together
Everyone
Achieves More”**



Sailing Field Trip

By: Parker Remington, Student Council Member
Tyler Parouse & Thanos Athanasiou

In May, the 5th graders went on a field trip to sail for the first time at the South Seaport Museum. We explored the NYC Harbor Waterways on a boat called the "Pioneer". The Pioneer was a cargo boat from 1885. It could only hold a maximum of around 30 people. We learned about the turbidity, salinity, and how to locate ourselves on a map. We were given the opportunity to interview several classmates who got to experience this wonderful field trip. Tyler

Parouse says, "I enjoyed testing the water in the NYC Harbor Waterways and seeing the different depths of the water. Many ships sunk in the lower levels of water towards the bodies of land. It was only 2-7 feet deep". Parker Remington comments, "It was really fun and my favorite part was when we raised the sails on the boat. Everybody was involved." Thanos Athanasiou wants to add, "It was really cool and fun learning new things on the boat. For example,

we got to learn the names of all of the sails." Lastly, we asked Dayana Con-suegra who stated, "It was cool learning how to locate yourself on a map by using nearby landmarks!" We really enjoyed sailing at the South Street Seaport Museum.



City Harvest

By: David Uherik

Do you know about City Harvest? Well while reading this article, you will find out some facts about city harvest and how you can help support this donation organization. City Harvest pioneered food rescue in 1982 and has been successful in helping less fortunate kids around New York City for the last 35 years.

City harvest has been helping the less fortunate, specifically providing students with food items. They collect food from people, schools, or communities that are generous enough to donate.

Today, nearly 1.3 million New Yorkers struggle to put meals on their tables. P.S./I.S. 78Q is motivated to help change that statistic. Our school been participating in this fundraiser for

many years every Spring. This year, the Student Council pioneered the fundraiser in early May. They created posters around the school and put boxes in the lobby of each school building. The Council also made a few announcements in the morning to encourage and remind fellow classmates to participate and donate!

This year more than half of the people in our school donated food to City Harvest. It is such a good feeling to know how much we helped and how we made a difference in even just one persons life. For many people that City Harvest serves, local stores don't stock much healthy food, or when they do, it's too expensive. We are glad that we are kids that can help other kids lead better lives. Now go ahead and donate!!

CITY 35 YEARS HARVEST



**P.S./I.S. 78Q
NEWSPAPER CLUB**

Middle School Library (4th Floor)

P.S./I.S. 78Q

46-08 5th Street, LIC NY 11101



**Advice/Suggestions/Questions for
the Newspaper Club? Let us
know!**

Thanks for reading!

Do you like to write? Are you a good source of information? Do you stay tuned in to the news and events that happen in our school? Any advice or suggestions for our next paper?

Find us during the school day to learn what we do in Newspaper Club. We meet every Tuesday in the Library from 2:30—4:00 pm! Come and join!

